The eagle flies high in the sky above,

With elegance and power with wings of love;

And it's eye is bright and so sharp and true,

As it looks down to earth above me and you.

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There it soars and glides and climbs and dives,

As swift as an eagle is from rocky crags it lives;

And the eagle has power and strength and sees so straight,

That lamb and hawk and lion will all come to relate.

The meaning is one of skill and need to survive,

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As fox scurries and rabbit scatters to remain alive;

And the swoop and dive is direct to the point,

The eagle must eat its prey so as not to disjoint.

There the mountain stands and rises to heaven's sky,

As the currents carry and uplift and downward fly;

For the eagle is the prince and king of the air,

Because from such heights you can't beat the eye to care.

The eye of the eagle is like a diamond or gem,

That sees so clearly and brightly it seems to shine in them;

For they are the royal and priestly bird of the sky,

Where you must fully appreciate the look of the eagles eye.

The earth below as they climb to highest altitudes,

Looks where the nest is placed with safety gratitude;

Now the eagle carries on upwards to the place of thee,

For you are the eagle who has stolen the heart of me.

Signed,

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Effortless Flight.