Conscientious with some kind of apparatus,

I am not counting on a thing called an abacus;

I can't know these two things with consciousness,

They're used at different times with concentration.

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Consciousness is awareness of the reality going on,

And not being aware that in the night the sun shone;

In the day we have light to see what we need to do,

When you read this the black and white will be true.

I can't understand everything outside of my world,

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I'm not conscious of things on earth with each word;

But my heart wants to know what is going on around,

As long as my head can stay on up above the ground.

Consciousness means alertness to what will happen,

What you need to know and whether you are happy;

You can't have everything that money can buy,

There has to be enough for others left when you die.

If I consciously care about others and not all myself,

I am not consciously caring about books on the shelf;

It's consciousness to decide whether its life or death,

But I am not conscious of taking every single breath.

One thing you can be sure about is that it all will turn,

No matter how much is done or how much you earn;

You can be conscious of this and conscious of that,

I might not be conscious if someone is wearing a hat.

Signed,

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Fit or Fat.